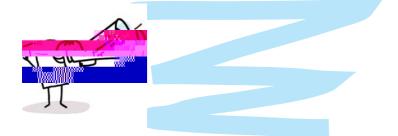
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To be suggests someone has been taken truly by surprise and stopped in their tracks. 'Aback' is the nautical term for sudden wind change, in which the sails f atten against the mast. In some cases, out on the high seas, tall square-rigged ships may not only be slowed down by a sudden wind change, but also driven backwards by strong gusts. The phrase used in such circumstances is 'taken aback'.

